**Aerobics:** Do it every day with Hazel! Work that body with daily low-impact aerobics. Daily 11:00 a.m., Aerobics Court

**American Sign Language:** A deaf nudist will instruct basic signs in American Sign Language that relate to camping, gayness, and nudity as well as simple conversation phrases. Tuesday, 2:00 p.m., Tent by Weight Room

**Awards:** The cabin decoration contest winners and the Natural Man award winner will be announced Friday during the Mr. GNI Contest, Auditorium

**Bare Bear Contest:** This contest gives bears and cubs the opportunity to display their ursine beauty for all to lust after. This is the show for real men. Sign up for the contest Thursday 11:30 a.m. at the Crafts Tent. Contest rehearsals are at 4:00 p.m. See prize list. Thursday 8:00 p.m., Auditorium

**Bare Bears Cocktail and Pool Party:** Go swimming with the bears at the 6<sup>th</sup> annual GNI Bear Pool Party. Friday, 1:30 p.m. Upper Pool

**Bingo:** Win great prizes and have a fantastic time playing GNI bingo. Sunday 9:30 p.m., Tuesday and Thursday 10:00 p.m., Dining Hall.

**Body Grooming:** Trim up that excess body hair. Learn the latest techniques at this demonstration workshop. Come and get trimmed and feel better about yourself. Tuesday and Thursday 2:00 p.m., Cabin A8

**Body Painting:** Calling all artists to find a body to paint in a theme of your choice. If you're not artistic, but want to spread paint on a friend, that works too. The focus is on fun and free expression. Models and artists are asked to gather down by the lower pool. Participants are allowed 45 minutes to create their masterpieces. Once all designs are complete, the models parade around the pool, followed by audience appreciation applause. The exhibition ends with a popular photo opportunity. Tuesday, begins 3:00 p.m., exhibition 4:00 p.m., Lower Pool

**Brain Sex:** A presentation of the book called *Brain Sex* by Moir and Jessel. Is the brain programmed by intrauterine hormones to be a man, woman or somewhere in-between? Why am I like this? How much is choice; how much is circuitry? Monday, 11:00 a.m., Tent by Weight Room

**Bridge:** Daily open bridge play. All levels including beginners are welcome. Daily 1:00 p.m., Arts and Crafts building

**Bridge 101:** You have never played Bridge? Come and learn the granddaddy of all card games. You will be playing this game by the end of the class. No partner needed. First-timers encouraged to attend. Monday and Friday 1:00 p.m., Arts and Crafts building

**Bridge Tournament:** Come and test your skills in the annual GNI Bridge tournament. All levels are welcome, but you must have basic knowledge of Bridge. Lots of fun and prizes. Thursday 9:30 p.m., Dining Hall

**Buns Casting:** Demonstration on buns casting with plaster and cloth. The finished product makes an attractive wall hanging. Monday 10:00 a.m., Near the Crafts Tent

**Bus Transportation:** If you plan to exit camp via the GNI Bus, please check the Bus Passenger Confirmation List, which will be posted on the doors at both dining halls the evenings before departure. If there are any questions or if you have any changes prior to departure day or on departure day, contact the GNI Business Office Manager in the GNI Office.

Canoe/Paddlers' Regatta: Join us on the lake and take part in the great GNI Canoe, Kayak, and Paddle Boat Regatta! Numerous races and fun events await single paddlers and pairs. This will also be an enjoyable event for spectators as you cheer the teams on in the home stretch. Friday, 2:00 p.m., Lakeside dock near dam

**Club Fair:** This is a chance for officer and members of all the attending clubs to obtain the following information about improving the functioning of their clubs:

- Event Ideas
- New Activities Promotions
- Advertising
- Recruitment
- Banners
- How to start a new club
- Meet other local club members

Do you want to learn more about what other clubs are doing to gain members? Discover which clubs are in your area. The moderator of Metrolina Buffs Club & NBC Network will discuss how to promote your club and keep the members coming. Also, the GNI Business Office Manager will have material and information for GNI Gathering Cabin Coordinators. Learn the best way to organize and facilitate cabin groups for future GNI Gatherings. Coordinators: GNI liaisons for U.S. and international clubs and GNI Vice President, Friday 9:30 a.m., Crafts Tent

**Cock Casting:** Demonstration making a cast of your cock using a no-pain casting material. The casting can be used as a wall hanging or table ornament. Wednesday and Friday 10:00 a.m., Gym

Comedian Eddie Sarfaty performs regularly at major comedy clubs in New York City including Caroline's, Gotham Comedy Club and Stand Up New York, where he was a winner in their search for the funniest gay comic. He has delighted crowds all over the U.S., appearing at such high-profile events as The Miami Light Project's *Out Loud & Laughing* Festival, The Michigan Gay & Lesbian Comedy Festival, The Phoenix Gay & Lesbian Comedy Festival in New York. He also has entertained at numerous cabarets, on college campuses and at fundraisers for a variety of

social and political organizations. For two years, Sarfaty toured the country as one half of "Two Consenting Adults," receiving fantastic receptions from both gay and straight audiences. A favorite of audiences on Fire Island and in Rehoboth Beach, Provincetown and Key West, he is the newest member of the groundbreaking comedy troupe, Funny Gay Males, and has been a featured performer for Atlantis Cruises. Sunday evening, Auditorium.

Confronting the Religious Right: What does the Bible really say about homosexuality? This seminar will look at Bible passages often used to condemn homosexuality. Friday 11:00 a.m., Tent by Weight Room.

**Country Western Dancing:** Learn a different line dance each night. Also 2-step instruction will be available. Country Western Dancing for all to enjoy. Sunday, Tuesday, and Thursday 8:30 p.m. to 10:30 p.m., Hilltop

**Crafts Fair:** Enjoy shopping at the GNI Crafts Fair. The GNI NAC Silent Auction will also occur during the Crafts Fair. Tuesday, Thursday, and Saturday 9:30 a.m., Crafts Tent

**Disco:** Enjoy the steady beat of the famous GNI disco, with its fantastic club atmosphere. Work up a naked sweat on the dance floor. Later, cool off with a beverage and enjoy intimate conversation and the close company of men in the *Lucky Lounge*. This is the hottest, largest, gay naked discothèque in the world. Be prepared to travel back in time on Tuesday and Friday evenings for Classic Disco at its best. The special theme on Thursday will be *The Black Midnight Ball*, a leather/fetish fantasy celebration. Nightly, 10:30 p.m., Disco

**Drag 101:** Finally, a workshop that answers the age-old question, "How can I do drag and not end up looking like my mother?" This workshop will teach you about makeup, wigs, fashion choices, walking in heels, creating a character and choosing a name. A fun chance to explore the hidden femme fatale in all of us. Instructor: Fifi L'Extraordinaire, Tuesday and Thursday 10:30 a.m., Fifi's Glamourama

**Drag Races:** A hilarious GNI tradition! Each tag team races to assemble a complete drag outfit. No previous drag experience is required. Come to watch, cheer, or participate. Coordinators: The Lazy Susans, Thursday 3:00 p.m., Lower Pool

**Drumming:** The powerful beat brings people together in theory, motion, mind, and spirit and on other levels. For percussion instruments, use anything that will make a sound when struck. Tuesday, 10:00 p.m., Waterfront near The Grove

**Fifi's Glamourama:** Stop by for all your costume needs. Fifi's carries a wide assortment of sarongs, hats, shoes, wigs, makeup, accessories and more. If you need something to wear to a cocktail party or something to help light up the night at the disco, you are sure to find something of interest at Fifi's Glamourama. Be sure to talk to Fifi about scheduling a complete drag makeover. Open mornings and by appointment.

**Financial Security for Gay Couples and Individuals:** Despite unfavorable laws, you can protect your assets, provide for retirement, and avoid discriminatory penalties. This practical seminar provides the essential financial information you need. Saturday, 11:00 a.m., Tent by Weight Room.

**Fireworks:** The fantastic GNI fireworks will be on Friday evening, weather permitting. Special thank-you goes to major sponsors, including the camp owner, and to more than 200 others who contributed to the GNI Fireworks fund. Best viewing is on the hillside overlooking the Grove. Refreshments under the tent by the weight room and accompanying music will be provided by The WildFyre Society. Friday approximately 9:15 p.m. after the Mr. GNI Contest.

Freestyle Wrestling Clinic: Ever wanted to learn how to pin your man? Come to our Freestyle Wrestling Clinic and learn some moves. The instructor is a competitor in the Gay Games in Sydney, Australia. He has been racking up gold medals in competitions in Florida, New York and Pennsylvania. Freestyle wrestling is slightly different from the "Folk"-style wrestling that is common in U.S. high schools and colleges. Submission-style wrestling will also be covered. This will be a "hands-on" event, so come out prepared to get physical. Tuesday, 2:30 p.m. Grove

**Friends of Bill W:** Members of any and all 12-step programs are welcome. Daily 8:45 a.m. and 7:00 p.m., Arts and Crafts building

**Frontrunners' Bare Buns Run/Walk:** Be a GNI Frontrunner. Whether you are a regular runner/walker at home or a wannabe, join us one or every morning for a before-breakfast run, jog, or walk around the lake and campground. A group of runners and a group of walkers take off each morning at 7:15 a.m., rain or shine, from the campfire outside the dining halls for a 30-40 minute trek. It's a great way to begin the day. Shake out the kinks, get your blood flowing, and enjoy the fresh morning air. Daily 7:15 a.m., meet at Main Campfire

**Gathering Feedback:** Open discussion regarding the 2002 GNI Gathering. Voice your comments and suggestions. Hosts: GNI Gathering Coordinator and GNI Business Office Manager, Saturday 2:30 p.m., Crafts Tent

**Gay Travel Experiences:** Do you like to travel? Know any great places? Come and share your favorite travel destinations and find out about new ones. Find out about gay naturist meeting spots, gay cruises, and more. Monday 10:00 a.m., Tent by Weight Room

**GNI Annual Meeting:** GNI Board & Staff personnel will listen to and respond to questions, suggestions, and comments of a general nature regarding the GNI organization. We are VERY interested in hearing what you would like from GNI in 10 or 20 years. Will our current events and activities retain your interest? Host: GNI President, Saturday, 1.30 p.m., Crafts Tent

**GNI Choir:** The GNI Choir will learn and perform the widely acclaimed gay choral composition, *NakedMan*. The music represents the biography of gay men everywhere. The title, *NakedMan*, may be a figurative reference, implying that the singers are revealing their true selves. The GNI Choir's performance of *NakedMan* will take the meaning of the song-cycle one step further from not only a figurative sense, but also a literal one. This will be a fun, enjoyable, and meaningful experience for all who participate. All interested in singing are welcome to join. Additionally, there will be several solo opportunities available. Rehearsals are Monday through Saturday 9:30 a.m. - 11:00 a.m., Auditorium Please be prompt, as our rehearsal time is limited! Performance: Saturday evening, Auditorium

**GNI** *Informer* **CD Usage:** Learn how to get the most out of your GNI *Informer* CD. Join the *Informer* editor for a demonstration of the features. He will discuss helpful hints on how to view and enjoy your quarterly CD. Feel free to bring your own laptop. Host: *Informer* editor, Wednesday 10:00 a.m., Left-side Dining Hall

**GNI Office:** Lost and Found is located in the GNI office. Open daily 9:00 a.m. to 11:00 a.m.

**GNI Store:** Purchase GNI logo items at the GNI Store, located in the camp office. Items will also be available at the Crafts Fair. The store (in the camp office area) is open daily 8:30 a.m. to noon and 1:00 p.m. to 7:00 p.m.

How Tight Are You? Let's rephrase that — how tight are your hamstrings? In a previous year's Strength Training seminar, we looked at the shoulder blade. This year, we'll take an in-depth took at the hamstrings. For most men, this set of muscles is chronically tight and weak. We'll look at the reasons for this, how it impacts gait and posture, and impart some strategies to lengthen and strengthen this set of muscles. So, whether you're a couch potato or an Olympic athlete — I'm looking for all body types here — this seminar will not only give you new insight into this muscle group, but also allow you to raise your legs higher in the air. Hope to see you there! Tuesday 11:00 a.m., Weight Room

**Hypnosis for Relaxation/Stress Reduction:** Have problems relaxing? Always on the go? Come find out techniques for relaxation and how important it is for your overall well-being! Learn some simple techniques that you may or may not know, or be reminded of some techniques that you don't think about. A group hypnosis processes will be conducted too! Please bring a towel to lie or sit on. Monday 10:00 a.m., Hilltop

**Hypnosis and Sexual Pleasure:** Come use the strongest sex organ you have! No, it's not what you were thinking! It's... your brain! Sexual pleasure starts and ends with the brain. We will tap into its enormous power to enhance sexual pleasure. How? Well, you will just have to come see for yourself! Thursday, 10:00 a.m., Hilltop

**The I Ching:** I Ching is an ancient book that helps predict a person's personal destiny. It is very interesting. Wednesday 11:00 a.m., Tent Near Weight Room

**Intergenerational Relationships:** Explore May-December relationships. What makes them work? Learn how they work and why people are looking for people younger or older. Enjoy a lively discussion of men of all ages together. Friday 10:00 a.m., Tent by Weight Room

**Karaoke:** Come and sing your favorite songs. Don't worry about your singing ability. All are welcome. Karaoke is all for fun and entertainment. Regardless if you think you are Barbra, Sinatra, or Hank, Jr. (or anyone in between), we have your songs. Pick from over 3,000 Country, Broadway, Classic Rock and Pop hits. Monday, Wednesday, 9:30 p.m., Friday, 10:00 p.m., Dining Hall

**Leather Shop:** Stop by for all your leather needs. Leather Masters is your headquarters for naked leather shopping in the Poconos. Open daily.

**Massage** — **Four-Handed (non-sexual)**: Instructional workshop on how to give and receive four-handed massage. Previous experience with massage an advantage, but not necessary for all participants. Enjoy the view, the breeze and the stimulation. Monday, 2:00 p.m. and Friday, 10:00 a.m., Weight Room Balcony

**Massage Instruction (non-sexual):** This is strictly an instructional course to teach the inexperienced man how to give a better massage. Monday and Wednesday 10:00 a.m., Gym

**Massage (non-sexual):** Enjoy giving and receiving a wonderful massage in a structured setting. You will massage several men and several men will massage you. Tuesday 2: 00 p.m., Gym

**Match Gayme:** Get ready to match the stars — Fifi L'Extraordinaire, Hazel, Lady B. Lavender, Lotta Lust, Momma, and Stormy Weather. So much fun, you'll laugh your \_\_\_\_ off! Monday, 8:00 p.m., Auditorium

**Memorial:** A celebration of those we've lost in the past year. Friday 3:30 p.m, Grove

Mr. GNI Best Buns Contest: A baker's dozen of the finest butts compete for the title of Best Buns. Rehearsal for contestants: Wednesday 1:30 p.m., Auditorium. See prize list. Butt-lovers: Showtime, Wednesday 8:00 p.m., Auditorium.

**Mr. GNI Contest:** Contestants are judged based on personality, poise, appearance, and dedication to the naturist spirit found in the GNI mission statement. This evening event is considered the highlight of the GNI Gathering. Mr. GNI represents GNI for the coming year. The rehearsal is at 11:00 a.m. on Friday. See prize list. Friday 7:30 p.m., Auditorium

**Miss GNI Lace Contest:** A fun contest for all. Laughs and lipstick, giggles and gals, the Beauty Pageant to end all pageants, culminating in the crowning of Miss GNI Lace. Contestants compete for the "coveted" title. No experience necessary; contestants at all

levels will be coached through the event. See prize list. The rehearsal is at 2:30 p.m. on Wednesday. Hostess: Fifi L'Extraordinaire, Wednesday, 9:00 p.m., Auditorium

**Mr. GNI Leather Contest:** Show us your sexy, kinky side at the GNI Leather Contest, where we prove that leather is more than just a little cowhide, it's about an attitude towards life. Besides, where else can you win a leather title and wear the sash with just your boots! The rehearsal is at 1:30 p.m. on Thursday. See prize list. Thursday 9:00 p.m., Auditorium

Movie: Nightly, left-side Dining Hall

Sunday: 10:15 p.m. **BROKEN HEARTS CLUB** (2000) ROMANTIC COMEDY. On the eve of his 28th birthday Dennis can't decide if his friends are the best or the worst thing that ever happened to him. When tragedy strikes the group, the friendships are put to the test.

Monday: 8:00 P.M. **URBANIA** (2000) THRILLER. Charlie takes an odyssey through grief during a fall weekend in New York.

10:15 p.m. **BENT** (1997) based on the Broadway play of the same name. Film depicts a relationship between 2 gay men in a Nazi concentration camp.

Tuesday: 8:00 p.m. **ALIVE AND NICKING** (1996) COMEDY/DRAMA. A young dancer is forced to reexamine his career and life through an older man who becomes his lover, mentor and companion.

10:15 p.m. **CHUCK AND BUCK** (2000) COMEDY/DRAMA. An all too innocent manchild stalks his childhood best friend and tries to reconnect with their past.

Wednesday: 8:00 p.m. **LARAMIE PROJECT** (2000) DRAMA. The true story of an American town in the wake of the murder of Matthew Shepard.

10:15 p.m. **HIT AND RUNAWAY** (1999) COMEDY. Alex and Elliot, one gay and one straight, connect to write a film about a New York cop working undercover as a fashion model.

Thursday: 8:00 p.m. **BROKEN HEARTS CLUB**, encore presentation 10:15 p.m. **SORDID LIVES**, (2002) COMEDY. About coming out and trailer park trash starring Olivia Newton-John, Delta Burke, Beau Bridges, and Leslie Jordan.

Friday: 10:15 p.m. ALIVE AND KICKING, encore presentation

Saturday: 8:00 p.m. **CHUCK AND BUCK**, encore presentation 10:15 p.m. **LARAMIE PROJECT**, encore presentation

**NAC Live Auction:** Find something wonderful at the GNI NAC auction. Proceeds from the Auction benefit the Naturist Action Committee (NAC), which assists local naturist organizations in fighting the legal battles in the areas of naturist concern. NAC supplies

legal assistance to fight anti-nudity legislation on the state and national levels. It is thanks to the efforts of NAC that areas and opportunities for nude recreation exist for both straight and gay naturists. Please take your donation items for the NAC auction to the GNI office Monday morning 9:00 a.m. to 11:00 a.m. Saturday, 10:00 a.m., Crafts Tent

**NAC Silent Auction:** A silent auction to raise funds for the Naturist Auction Committee will be held during the Crafts Fair. Please take your donation items for the NAC silent auction to the GNI office Monday morning 9:00 a.m. to 11:00 a.m. The NAC Silent Auction is Tuesday and Thursday, 9:30 a.m., Crafts Tent

Naked Holy Men of India: Are they real? Are they naturists? The presenter just completed an around-the-world tour specializing in naked men. He visited India to track down rumors of holy men who supposedly walk the streets — or at least sit on the docks — naked! He was able to verify the truth behind these rumors, and visited the residence of a sect whose leaders (gurus) live life naked. Attend this workshop to learn all the interesting details and to exchange information. Wednesday, 2:00 p.m., Crafts Tent

**Nature Walk:** A two-hour walk to identify some of the wild flowers, trees, and shrubs so plentiful around the camp. We'll examine both woodland plants and meadow plants. Plants with interesting characteristics will receive special attention. Thursday 2:00 p.m., Meet at Main Campfire.

**Naturism:** A Spiritual Invitation - Naturism can be an invitation to let go of the things that divide us from ourselves or keep us hidden symbolically and literally. As we remove our clothes, we offer to ourselves the opportunity to "come out of hiding" and reveal all of who we are, finding acceptance there for ourselves and offering that acceptance to others. As gay men, we are particularly aware of the "coming out" process as a potential source of healing our shame or fear-based living. This workshop will offer insights and experiences to further the integration of body, mind, and spirit, shadows and light. Presented by a pastoral psychotherapist, spiritual director, and sacred intimate. Wednesday, 11:00 a.m., Crafts Tent

**Naturism Update with Bob Morton,** Chairman and Executive Director of the Naturist Action Committee (NAC)

**The Importance of Public-Lands Naturism:** From Vermont to Hawaii and British Columbia to the Virgin Islands, nudity on public lands is facing its biggest challenges ever. Just what is a "public place," anyway? Thursday, 11:00 a.m., Main Campfire

**Naturist Issues 2002:** Some tremendous victories! Listen to the "press release" version, and then hear the real stories from behind the scenes. Friday, 11:00 a.m., Main Campfire

**The Face of the Beast:** The dedicated and well-funded opponents of nudity are changing, realigning, refocusing. Here's a closer look at the shifting cast of characters, their coalitions and their tactics. Saturday, 11:00 a.m., Main Campfire

**Oil Wrestling:** Calling all athletes and spectators to the slickest [public] event of the Gathering. Monday and Wednesday, 3:30 p.m. Grove

**Opera Seminar:** Celebrating the Richard Rodgers Centennial. Our opera meister will celebrate the birth on June 28, 1902 of the great American Musical (opera?) composer, Richard Rodgers, with a survey of his shows, with emphasis on those written with Lorenz Hart. Tuesday and Thursday 2:00 p.m., Arts and Crafts building

**Orientation:** First-time attendees' orientation meeting will provide an opportunity to meet others who are attending the Gathering for the first time and to ask any questions they might have. Host: Gathering Coordinator, Friday 5:30 p.m., Sunday 4:00 p.m., Crafts Tent

**Parade of Clubs:** GNI members are from all over the world. This annual event reflects who we are and where we are from. Bring your club banner or country flag. If you plan to march, please arrive at the Auditorium by 7:45 p.m. on Sunday. Host: GNI Club Liaison, Sunday 8:00 p.m., Auditorium

**Photo Directory Opportunity:** Would you like to have your photo in the GNI Directory? Pictures will be taken during the crafts fairs. This is your chance to be in the Photo Directory or to have a new photo made for the GNI Directory. Photographer: *Informer* Editor, Tuesday and Thursday, 10:00 a.m. to noon, Crafts Tent

**Photo Swap:** Bring your duplicate photographs of prior gatherings to trade with others. Please put your extra photographs out for others to have and enjoy. Monday 11:00 a.m., Crafts Tent

**Pocono Woods Walk:** Enjoy a casual, informative walk through the woods to identify the major species of trees and plants, and their roles in the ecosystem. What's a summer camp without a walk in the woods? Thursday, 10:00 a.m. Meet at Main Campfire.

**Retirement:** Are You Ready? We'll talk about issues related to retirement including making the transition from work time to social time, developing new friendships, managing your finances, and maintaining your health. Thursday, 11:00 p.m. Tent by Weight Room

**Saturday Night Lust:** It is more than the GNI Talent Show; it's you, your friends and a "lotta lust." The auditions are at 10:30 a.m. on Saturday. You must attend the audition to be in the show. Hostess: Lotta Lust, Saturday, 8:00 p.m., Auditorium

**Social Hour:** See Gathering page on GNI web site for themes. Daily, 5:00 p.m., Grove

**Snacks:** Enjoy a late snack nightly at 10:00 p.m., Dining Hall. Board of Directors' Ice Cream Social, Wednesday

**Square Dancing:** No partner is necessary and no experience is necessary. Square dancing is easy; just do everything the caller says. Bring your enthusiasm and plan to have a good time. Sunday, 10:30 p.m., Monday, Wednesday, and Saturday, 9:30 p.m., Hilltop

**Square Dancing, Mainstream & Plus:** Enjoy an hour of full Mainstream and Plus-level dancing. You must have completed a full mainstream class to participate in this session. Thursday 2:00 p.m., Hilltop

**The Stormy Weather Variety Show:** Join Stormy and her guest stars for a wonderful evening of live entertainment from the producer of the Match Gayme. You must attend the Monday 1:30 p.m. audition and Tuesday 1:30 p.m. rehearsal (both in the Auditorium) to be in the show. Hostess: Stormy Weather, Tuesday 9:00 p.m., Auditorium

**Telescope Stargazing:** Enjoy an evening of general stargazing. View the moon up close. Also view Uranus, Neptune, and some deep-space objects through the telescope. Daytime solar viewing also is possible upon request. Look for a large observatory tent by the upper tennis court. Tuesday and Thursday evenings (cloud dates Wednesday and Friday evenings), 10:00 p.m., Upper Tennis Court

**Ten Steps To Finding a Successful Gay Male Relationship:** The gay male arena can be very intimidating. However, incorporating behavioral techniques greatly enhances one's relationship potential. The workshop will cover such topics as: Welcoming Rejection As a Normal Part of Life, How Our Vulnerability Enhances Intimacy and How To Always, Always, Always take the Initiative. By the end of this session every participant will leave with a behavioral plan in place to meet Mr. Right. Facilitator is an MSEd and CSW. Wednesday, 10:00 a.m. Arts and Crafts building.

**Twin Pines Challenge:** Enjoy the newest addition to the property, Twin Pines Challenge. Shirt, shorts, shoes and socks are required if you would like to climb the wall or ride the swing. The wall will be open on Monday from 3:00 p.m. to 4:30 p.m. Ride the swing on Wednesday from 3:00 p.m. to 4:30 p.m. This area is closed at all other times. Three to four volunteers are needed to operator the swing. Wall climbing, Monday, 3:00 p.m. Swing, Wednesday, 3:00 p.m.

**Volleyball:** All are welcome from beginner to expert at the morning volleyball games. Drop by for a game or play the entire morning! No experience necessary. Daily 9:30 a.m., Upper Volleyball Courts

**Voyeur Manners 101:** Join this discussion group and express your voyeur dos and don'ts. Monday, 2:00 p.m, Tent by Weight Room

**Water Fun, Relaxation and Exercise:** Use a floatation belt (belts provided) in the water so arms and legs are free for many types of movement at your own pace. Exercise from a very slow, gentle and relaxing pace to fast and very aerobic. Your head is always out of the water. Daily (weather and water temperature permitting), 11:15 a.m. Lower Pool

**Yoga:** We have two instructors this year, who will alternate days. Everyone is welcome to try any number of sessions, regardless of who is leading.

General: Come find out how a little pain can actually make you feel better! Beginners are welcome. There will be no chants or meditation, but mainly stretches, and very little aerobic. We will start with some "joint-loosening" exercises (20 minutes) and spend most of the time in *hatha* and/or *astanga* yoga poses. The instructor, organizer of *Naked Yoga for Men* in Cambridge, Massachusetts, has been doing these poses for more than a year, but claims no trained expertise. Sunday, Monday, Wednesday and Friday, 10:15, Gym

Classical: Looking for tools to help you relax and have more energy? Try Classical Yoga classes. We begin with a relaxation *asana* (posture) preparing our body and our mind for the yoga practice. The class consists of a series of *asanas*, *pranayama* (breathing practice) and relaxation. Since 1995, the instructor has practiced, and continues to study, yoga in the classical tradition. Everybody is welcome; no previous experience required. Please bring a yoga mat or towel, and it's best not to have eaten a big meal for about 2 hours prior to class. Tuesday, Thursday, and Saturday, 10:15 a.m., Gym